



**TRAITS**  
 ENABLING PRECISION MEDICINE FOR INTENSIVE CARE  
 BETTER IDEAS FOR BETTER HEALTH



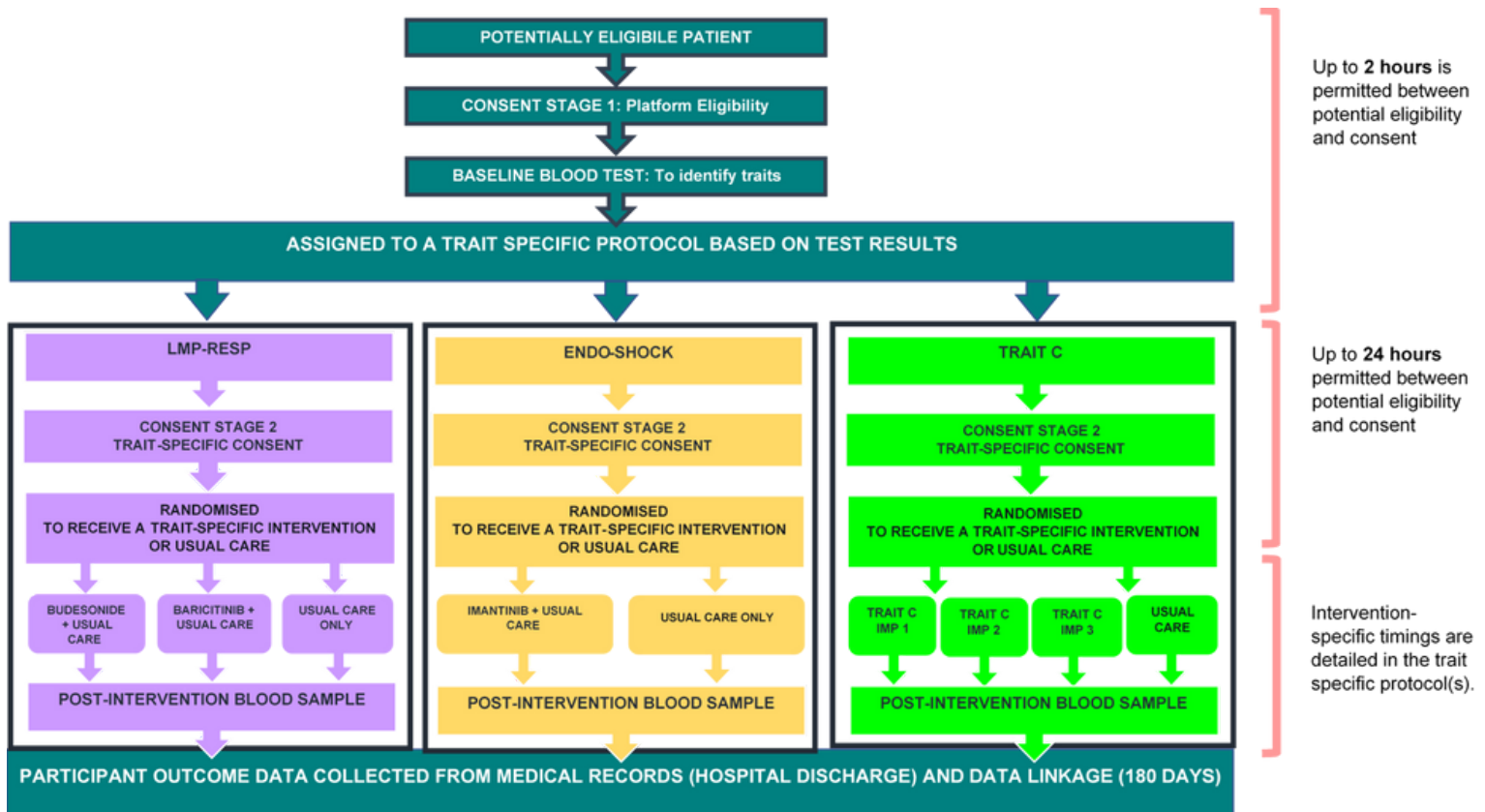
# TRAITS trial open to recruitment

TRAITS (Time critical precision medicine for acute critical illness using treatable trait principles) is a research programme aimed at enabling precision medicine to improve outcomes for adult critically ill patients. TRAITS is funded by the Chief Scientist Office and we will be recruiting from critical care units across Scotland.

We currently have the following treatable traits selected.

1. **LYMP-RESP**: Patients with clinical evidence of lymphopenia and respiratory dysfunction
2. **ENDO-SHOCK**: Patients with clinical evidence of shock and inflammation

Our treatable traits are further defined within the trial protocols – each treatable trait group has clear eligibility criteria ensuring patients can be enrolled to the correct trait group.



## Edinburgh Royal Infirmary



The Edinburgh Royal Infirmary is now open to recruitment, and the team have recruited 6 patients so far. The PI, Dr David Griffith, is supported by a fantastic team of research nurses and clinical colleagues, including a Dr Ralph Shackleton who is the first doctor to be registered on the Associate PI scheme for TRAITs.

Image from left to right: Lucy Macdonald, Scott Simpson, David Griffith and Ralph Shackleton

The Western General hospital will be the next to open to recruitment this week

## JOIN THE TRAITs TEAM!

The TRAITs programme is a Scotland wide collaboration between clinicians, methodologists, trialists and patient representatives. We are keen to include and work with researchers from across the country.

There are lots of ways to join us in the TRAITs team:

**1. Recruit to TRAITs. Join as a clinical hub and help recruit to this exciting trial – FEASIBILITY QUESTIONNAIRE or email to find out more at [TRAITs@ed.ac.uk](mailto:TRAITs@ed.ac.uk)**

**2. Join the Trial Management Group (TMG). We are looking for members from across Scotland for our Trial Management Group – do you have an hour to spare each month to help advise and guide the TRAITs programme? Email [TRAITs@ed.ac.uk](mailto:TRAITs@ed.ac.uk) to find out more**

**3. Collaborate with us. Do you have a research idea that will fit in to the TRAITs programme? Click the link to complete the collaboration form.**



**[COLLABORATION FORM](#)**

## Associate PI Scheme

TRAITs is registered for the NIHR Associate PI scheme. This is open to health care professionals who do not have research as a core part of their role, but who want to be involved in NIHR portfolio research studies.

Click the link to find out more

**[NIHR ASSOCIATE PI SCHEME](#)**